## Hand Rudraksh Mala



**Kurzbeschreibung** Hand Rudraksh Mala

Artikelnummer: Hand Rudraksh Mala

**Gewicht:** 0.05kg

**Preis: 6.90?€** 

Netto: 5.75?€

## **Beschreibung**

Rudraksh Mala Japa mala of 108 Rudraksha controlled heart beat and had a positive effect on Blood Pressure, Stress, Anxiety, Depression, Palpitations and Lack of Concentration. Rudraksh beads are the seeds of a tree and are used since thousands of years for meditation, Mantra recitation and spiritual practice. The Rudraksh Mala supports on the spiritual path, is said to bring succes, wealth and faim.