

## Hand Rudraksh Mala



**Product Code:** Hand Rudraksh Mala  
**Weight:** 0.05kg

**Price:** 6.90?€

**Ex Tax:** 5.75?€

### Short Description

Hand Rudraksh Mala

### Description

Rudraksh Mala Japa mala of 108 Rudraksha controlled heart beat and had a positive effect on Blood Pressure, Stress, Anxiety, Depression, Palpitations and Lack of Concentration. Rudraksh beads are the seeds of a tree and are used since thousands of years for meditation, Mantra recitation and spiritual practice. The Rudraksh Mala supports on the spiritual path, is said to bring succes, wealth and faim.